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Day trip "The old Vrisa - Nigida"

(Level of difficulty: Medium)

Circular walk Vrisa – Langada – Nigida - Vrisa

Total Distance of the hike: 13 km,
Duration including stops: 7-8 hours

The trip: We begin our walk in the charming village of Vrisa at the lovely plateia. We follow a clear stream through a valley called Langada, which is well known for its ancient olive groves, full of flowers in spring and early summer. On the way we may stop at a quiet place at the river to cool down our feet and to watch the numerous butterflies and dragon flies. We continue through the valley, turn right uphill until we reach the peak of the little mountain. From here we begin a little expedition to one of the waterfalls of Vrisa. If there is water (in summer it may be dry) it falls down over 100m. In summer, even without water, the area is absolutely amazing and well worth seeing. There are many birds of prey nesting in this place and we will spend some time there hopefully watching them.

From here we continue to the old village of Vrisa, called Nigida. The place is abandoned but the atmosphere in Nigida, especially in the ruins of the old church, is amazing.

Next we slowly make our way towards Agia Anna. This little chapel is built on top of a massive rock, overlooking the whole area. We enjoy not only the stunning view from the chapel but also a delicious picnic that has been prepared for us.

Feeling stronger after the tasty meal we hike down on the gravel road towards Vrisa.

Back in Vrisa we sit down in one of the kafeneia at the central plateia and enjoy a coffee or other refreshment.

The little Natural History Museum at Vrisa, houses an interesting collection of fossils, rocks, stuffed birds and animals, with displays explaining the local prehistory and a model of a giant prehistoric tortoise. Depending on the opening hours we can visit the museum before we start our hike or at the end of the day.

Minimum of 2 people. Start time, meeting point or pick-up from your accommodation on arrangement.